

The Inner West Social **SEPTEMBER** 2024

DATE	PLACE	Note:
Tuesday 3 rd September	Mt Anan Botanic Gardens: Explore the gardens that showcase Australian flora 'amongst rolling hills, lakes, lawns and gardens.' Enjoy a picnic lunch.	*Wear walking shoes and bring a hat!
Friday 6 th September	@Smallwood: Morning tea, Diamond Dot Creations, and lunch: Continuing...Creating with diamond dots increases your hand-eye coordination, flexes your hand and finger muscles, improves your overall concentration and focusing abilities and is a great way to relax!	*Bring your glasses- if you wear them!
Tuesday 10 th September	@Smallwood: Morning Tea, continue Diamond Dot Creations and lunch	*Bring your glasses- if you wear them!
Friday 13 th September	Parramatta Park & Wisteria Gardens: The original wisteria cuttings were brought back to Australia from Japan in 1907 and have since developed into a beautiful garden of Wisteria, cherry blossoms, tree gardenia and English Elm. Explore the gardens, followed by a picnic lunch.	*Wear your sneakers, and a hat!
Tuesday 17 th September	Bocce at Brighton: Morning tea, A game of Bocce and lunch at Brighton Le Sands.	*Wear comfortable shoes, and a hat!
Friday 20 th September	@Smallwood: Morning Tea, Challenge and lunch: A timer...some objects...and a bit of fun competition.	
Tuesday 24 th September	Out and About in Marrickville: Morning tea in Marrickville, explore 'Reverse Garbage Reuse Centre' to find some objects of interest for your next project! Followed by lunch.	
Friday 27 th September	@ Smallwood Celebrating Aldo's birthday! Let's celebrate Aldo's special day with morning tea, music, lunch and dancing!	
A glimpse into October... Celebrating Lisa's Birthday, Create something YOU and learn something new!		

* Location is subject to change.

* In more severe weather, our default location is @Smallwood

* Departure time at 9:30am- unless advised otherwise.

*** If you are feeling unwell or have any cold, flu or Covid symptoms, please do not attend. This is to protect yourself, the other participants and staff.**

* For bookings and enquiries, please text or call Gina on 0468330331 or email: info@caldcarens.com.au

* If you are unable to make a trip, you must notify us **7 days** in advance, or as soon as possible if you are cancelling due to an emergency.

* Remember to bring along a hat, sunscreen or any regular medication if needed.